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ALLAN LINGWOOD

MBA, BCom, CEC

PROFILE

For over 15 years I have led and managed service-based organizations, both coaching within the organizations I've led, and, for the last decade, coaching private clients who are leading or managing their own companies. My foundations in service organizations, staff training and development, and early coaching experiences were built and fine-tuned in the luxury hotel business, and since that time I have focused on leadership development and lifestyle optimization for higher performance in myself, my direct reports, and my coaching clients. My passion is for effective and healthy leadership and management development resulting in positive changes in operations, workplace/team culture, health and wellness in the workplace, and of course, the bottom line. I currently reside in Victoria, my home town, where I am grateful to enjoy my time with family and friends while embracing the island lifestyle.

RELATED PROFESSIONAL EXPERIENCE

ONE-ON-ONE COACHING

- provided clients assistance with getting from where they are to where they want to be quickly and effectively using the International Coaching Federation's (ICF) guiding principles and code of ethics.

TEAM COACHING

- helped service organizations and others develop leadership, improve customer/guest experiences, increase staff engagement and retention, and improve profitability.

WORKSHOP FACILITATION

- demonstrated ability to facilitate workshops and working groups that align participants around a shared vision and mutually-agreed-upon short-term goals.

EMPLOYMENT HISTORY

YellowBrick Services

Lead Coach & Facilitator (Victoria, BC)

2013 - PRESENT

Liquor Cannabis Regulation Branch

Local Government Liaison (Victoria, BC)

2018 - 2019

The Original FARM

Head of Compliance (Victoria, BC)

2017 - 2018

The Mustard Seed

Director of Development & Interim Executive Director (Victoria, BC)

2014 - 2017

Chatterson Drive

Director of Planning & Implementation (Calgary, AB)

2009 - 2013

EDUCATION

Master of Business Administration (MBA) Service Management
University of Victoria

Graduate Certificate in Executive Coaching (CEC) Certified Executive Coach
Royal Roads University & Essential Impact

Bachelor of Commerce (BCom) Entrepreneurial Management
Royal Roads University

PROFESSIONAL DEVELOPMENT & APPROACHES

ADHERENCE TO ICF
CODE OF ETHICS

LEADERSHIP &
EXECUTIVE COACHING

STRENGTH-BASED
COACHING

360 REVIEW
COACHING

ADHERENCE TO ICF
GUIDING PRINCIPLES

MANAGEMENT &
LEADERSHIP
TRAINING

BEHAVIOURAL &
ACCOUNTABILITY
COACHING

CHANGE
MANAGEMENT
COACHING

HEALTH & WELLNESS
COACHING

WORKSHOP
FACILITATION

TEAM COACHING &
ORGANIZATION DYNAMICS

FAMILY & RELATIONAL
DYNAMICS